

## Appendix 2

<b>Title:</b> Update on emotional health and wellbeing support in secondary and special schools			
<b>Date of meeting:</b>	6 December 2017	<b>Report author:</b>	Shelley Shaw

### SEND steering group

#### 1. Background

- In October 2015 Schools Forum agreed to fund an emotional health and wellbeing project to provide a core support offer across the secondary and special school system.
- The total budget allocated for the project was £1,223,664 which will end in August 2019.
- Schools Forum agreed to all recommendations from the original report which included for schools to enter into a commissioning and procurement partnership with the Local Authority and to develop a finance strategy to consider sustainability post 2019.

#### 2. Project Highlights

- 100% of schools have a Mental Health (MH) Lead – this is in line with the recommendation from Future In Mind
- Emotional Health and Wellbeing Key Note speech at the 2016/17 PLT training day
- 41% of schools (who responded to the request for information) have completed all 3 MindEd online courses
- 42 school based staff have received mental health awareness training
- 53 Young People were trained as Peer Listeners
- 100%<sup>1</sup> of secondary schools feel the MH Leads meeting is beneficial
- 24 staff from special schools have been trained in Level 1 Theraplay, MIM and Group Theraplay
- 20 staff from special schools have been trained in Level 2 Theraplay and MIM

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<sup>1</sup> Of schools completing the evaluation questionnaire

- 1636 CYP accessed Kooth and of these 463 different CYP have engaged in online support
- 616 different CYP have accessed face to face counselling
- 77%<sup>2</sup> of schools reported an improvement in the communication between school and CAMHS
- School 27 joined in September 2017 and School 28 is engaged in some project elements
- Added value from the project is evidenced through grant funding for staff supervision, post 16 support from Plymouth Options and a successful Health Education England bid for Progeny Plus at £145,000.
- Improved system working evidenced through the development of the Emotional Health and Wellbeing Steering group, which brings together primary care, CAMHS, public health, MH network, schools, school nursing, and education psychology.
- Further co-commissioning opportunities developing between Schools and Plymouth City Council focused on Healthy Relationships and Substance Misuse.

### **3. Project Recommendations (as agreed by PLT Inclusion)**

- Consideration for ongoing contract management process of service offers
- Sustainability planning – funding for the project ends in August 2019 but sustainability plans should be considered in 2017/18 to enable effective forward planning, these should be linked to Local Transformation Plans
- Schools to engage in Sustainability Transformation Partnership (STP) dialogue regarding implementation of the Local Transformation Plan (which may include the development of a collaborative framework)
- Understanding and addressing the underlying causes of poor emotional health and wellbeing, such as trauma, attachment, adverse childhood experiences and public health approaches to prevention such as resilience frameworks

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<sup>2</sup> of MH Leads from secondary schools

- Continuation of exploring co-commissioning opportunities, such as the healthy relationships and substance misuse work streams through Commissioner engagement in PLT Inclusion
- Explore and review new ways of working, such as Wellbeing Practitioner role (being piloted in 2 schools) and systemic and multi family therapy as targeted interventions

END OF REPORT